

# Heart n Soul: Celebrating the talents and power of people with learning disabilities



*“Heart n Soul means being less isolated, getting skills, being together and feeling a lot better.”*

A donation can make all the difference and means we can continue to work in our innovative way.

## For example:

Could pay for a young person with learning disabilities to take part in a music session where they work with professional musicians and perform with a live band

•£10

Could pay for a radio training session for our participants with learning disabilities, giving them the chance to develop their skills, express themselves and create stories about their own lives

•£25

Could pay for 10 adults with learning disabilities to take part in creative arts activities where they would learn new skills and make new friends

•£50

Could support one of our many artists or bands to perform at different venues and events, sharing the talents of people with learning disabilities

•£100

To find out more about Heart n Soul visit:

 [www.heartnsoul.co.uk](http://www.heartnsoul.co.uk)

HEART  
N  
SOUL

Name

Address

Postcode

Telephone

Email

**I would like to make a single donation:**

£10  £25  £50  £100  Other amount £

Please make cheques, postal orders or CAF vouchers payable to **Heart n Soul**

Donate online:  [www.justgiving.com/heartnsoul](http://www.justgiving.com/heartnsoul)

**I would like to make a monthly donation:**

£5  £10  £25  £50  £100  Other amount £

Please ask your bank or use internet banking to set up a standing order.

**Our bank details:**

Bank: HSBC

Account Name: Heart n Soul

Sort Code: 40-03-16

Account Number: 41160400

Make your gift go further *giftaid it*

**I would like to make every £1 donated worth £1.25.**

I confirm that I have paid the same amount or more of UK Income Tax and/or Capital Gains Tax as the amount of Gift Aid claimed on all donations I have made this year. I am aware that I am liable for any different between the two amounts.

Please tick here if you do not want us to contact you about other Heart n Soul events

Follow us on Twitter, Facebook and Instagram for Heart n Soul news and events:

 @HeartnSoulArt  /HeartnSoulArt  @HeartnSoulPics

To donate by post, please send us your donation with this form to:

Freepost Plus RSES-CZTS-ESTC,  
Heart n Soul, The Albany, Douglas Way,  
London, SE8 4AG